Enrichment Classes at the JCC for our Early Childhood Friends!

at the Benderson Family Building, Amherst

Mondays: Spanish for the 3 and 4 year olds

Our Spanish class is a fun and interactive program designed specifically for 3-5 year olds. Lesson plans incorporate a Spanish vocabulary through diverse methods including nursery rhymes, puppet shows, felt boards and lots of singing and dancing! Children complete the course with knowledge of counting in Spanish, days of the week, basic greetings and phrases, identifying animals, body parts, clothing and colors all in Spanish.

Tuesdays: Art for the 3 and 4 year olds

(must be toilet trained)

Meet Jenn Isenberg and come make a mess with her in her classroom!

This hands-on, creative environment fosters your preschooler’s exploration and use of materials in new and inventive ways. Children express their imaginations as they explore art materials of all types including recycled materials, printmaking, painting, and more. Creative projects allow children to build foundational art skills as they learn to see the art in all things. Wait until you see your little Picasso’s masterpiece!

Wednesdays: Swim for the 4 year olds
(Mondays for 3 year olds).

Thursdays: Yoga:

Raji Suresh is incredible as she guides our three and four year olds through children’s yoga movements. The children learn different yoga poses while strengthening their bodies, practicing new breathing exercises, learning new music, yoga terms and having fun.

Fridays: Soccer for the 3 and 4 year olds

Soccer Shots! Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and confidence. Soccer Shots will expose your child to the fun of soccer while providing the foundation needed to get started in the sport.