



**The Jewish Community Center's**  
**Early Childhood Center's**  
**4 Year-Old Curriculum**

Below is an outline of the key elements included in the curriculum designed to meet the following areas of development.

- I. Socialization
- II. Emotional
- III. Cognitive
- IV. Physical

I. SOCIALIZATION

- \*Free Play
- \*Dramatic Play
- \*Role Playing
- \*Sense of Community
- \*Becoming responsible for Materials
- \*Sharing/taking turns
- \*Show & Tell
- \*Circle Activities
- \*Self-Help Skills
- \*Creative Expression
- \*Developing appropriate conflict resolution skills

II. EMOTIONAL

- \*Self awareness
- \*Self-Responsibility
- \*Self-Care
- \*Smooth Transitions
- \*Attention Span
- \*Self-Control
- \*Feelings



III. COGNITIVE

a. LANGUAGE DEVELOPMENT - (letter sound/recognition A-Z)

\*Show & Tell

\*Developing appropriate conflict resolution skills

\*Music & Rhythm

\*Many Language games – (i.e. Who am I?, Who am I thinking of?, I'm thinking of a word..., Opposites, Vocabulary Building and more)

b. MATH

\*Counting to 10 (and unofficially to 31)

\*Calendar

\*Addition and Subtraction (using games for learning these concepts)

\*Sizes and Shapes

\*Sorting and sequencing skill development

\*Number concepts – such as “dozen”

\*Conception of time

\*Spatial concepts

\*Visual discrimination

c. SCIENCE

\*Classification

\*The Weather

\*Measuring (cooking and craft activities)

\*Science experiments

\*Learning about the 5 senses

\*Nature appreciation



IV. PHYSICAL

A. GROSS MOTOR

- \*Body Awareness
- \*Eye-Hand Coordination
- \*Eye-Foot Coordination
- \*Self-Help Skill Development – dressing and undressing for swim, packing and unpacking backpacks, etc.
- \*Dance
- \*Gym Classes

B. FINE MOTOR

- \*Art's & Crafts, cutting, pasting, etc. various types of paint.
- \*Cooking – mixing, stirring
- \*Manipulatives – blocks, legos and other building toys